

## FEATURED ACTIVITIES

"A SWEET & SAVORY EXPERIENCE - GRANVILLE ISLAND MARKET TOUR" ~ On this morning, participants will enjoy a guided walking tasting tour of Granville Island Market - Canada's second most-visited destination and a world-famous hub for food, art and culture. Developed and managed by the Government of Canada, Granville Island is nestled in the center of Vancouver and is a breathtaking island oasis that will capture your heart and seduce your senses. This gathering spot for both locals and tourists alike is more than a destination, spilling over with fine restaurants, theatres, galleries and studios, and all things fresh: seafood, fruit, vegetables, plants, flowers, candy, fudge, breads and baked treats. Bring your appetite!! ~ Attire for this event is casual - walking shoes, comfortable clothing and weather appropriate gear are recommended. Following the tour, participants will return to the hotel.

**"STEPPING BACK IN TIME - ART & CULTURE OF THE NORTHWEST COAST FIRST NATIONS"** ~ On this morning, participants will be immersed in Canada's history at The Museum of Anthropology (MOA) at the University of British Columbia. Housing one of the world's finest displays of Northwest Coast First Nations cultural artifacts, MOA is a one-of-a-kind experience embodying the essence of Canada's West Coast. Built on traditional, ancestral, unceded land of the Musqueam people, it is fitting that the first artworks and words guests encounter on arrival are a welcome from the generous First Nations hosts. In the Great Hall, massive and magnificent totem poles, feast dishes and canoes from the Kwakwaka'wakw, Nisga'a, Gitxsan, Haida, and Coast Salish peoples stand against a soaring glass wall opening onto a panorama of forested islands and snow-capped mountains bordering the Salish Sea. ~ Attire for this event is casual - walking shoes, comfortable clothing and weather appropriate gear are recommended. Following the tour, participants will return to the hotel.

**"TAKE A WALK ON THE WIDE SIDE: CAPILANO SUSPENSION BRIDGE, TREETOP ADVENTURE & SCENIC CLIFFWALK"** ~ On this afternoon, participants will enjoy a walking history journey through Capilano Park! Upon arrival, guests will be greeted with a brief, but rich, history lesson and then it's off to Capilano Suspension Bridge spanning the Capilano River, on to towering evergreens and the cedar-scented rainforest air and the Treetop Adventure - 7 suspended footbridges offering views 110 feet above the forest floor. Next is the Cliffwalk that follows a granite precipice high above the banks of the Capilano River with a labyrinth-like series of narrow cantilevered bridges, stairs and platforms and only 16 anchor points in the cliff supporting the structure! ~ Attire for this event is casual - walking shoes, comfortable clothing and weather appropriate gear are recommended. Following the tour, participants will return to the hotel. This event will take place rain or shine; if necessary, rain ponchos will be provided.

> 13131 Champions Drive, Suite 110, Houston, TX 77069 Phone/Fax: (225) 926-1100